

PROGRAMS FOR PROFESSIONALS

WITH OUTWARD BOUND CALIFORNIA

Outward Bound California turns teambuilding into an adventure! Our hands-on approach helps your team break out of the return-to-office mandates, deepen connections, and build trust through shared challenges. Outward Bound Professional takes growth to the next level—together.





WHO WE ARE

Our programs help participants face challenges, reflect, and build confidence and compassion—skills that drive meaningful change in their communities and beyond.

We're committed to making outdoor education accessible: more than half of our students receive scholarships, funded in part by Outward Bound for Professionals.

Every year, over 3,000 students discover their potential in California's iconic State and National Parks, wilderness areas, and urban parks.



WHAT WE DO

We specialize in creating outdoor challenges that bring teams together. Experiential learning creates a shared language, encourages calculated risks, and builds on individual and group strengths.

Your team will collaborate to solve problems, appreciate each other's unique skills, and recharge in inspiring natural settings—practical tools they'll bring back to work for lasting, positive impact.



WHERE WE DO IT

With basecamps in San Francisco, outside Yosemite National Park and Joshua Tree National Park, we have access to California's most iconic landscapes. In the cypress trees of McLaren Park or climbing in the high desert - we promise a beautiful outdoor space as the backdrop to your program.

Leading a team in the healthcare industry means adapting to constant change, stressful work environments and having to do a great deal with very little. I have twice, with two different organizations, reached out to Outward Bound to help our teams work better together, be stronger leaders and brighter citizens of our community. And it worked. Both times. I'd highly recommend anyone looking for a bold and unique teambuilding program to work with Outward Bound Professional. I look forward to hiring them a third time.

Kevin Causey
Chief Development Officer, Montage Health



PROGRAM OPTIONS



Overnights

Choose from multi-day adventures featuring backpacking, rock climbing, or both in the High Sierra or Joshua Tree.

This overnights can either be expedition-style when your crew moves to a new camp each night. Or base-camp-style where you'll stay in one spot and hike to climbing locations daily.

Book Joshua Tree from November to April and the High Sierra from June to September.



Single Day

We'll take your team rock climbing in the Joshua Tree National Park.



Ropes Course

At John McLaren Park in San Francisco, you can bring your team for a full or half-day on our ropes challenge course.





YOUR INVESTMENT

200%

Investing in people doubles productivity compared to investing in equipment.

\$680

Companies spending \$680 per employee on training see a 6% boost in stockholder returns.

\$1600

Spending \$1,600 per employee leads to 24% higher profits and over 200% more income per employee

Outward Bound Professional Program Stats: Google Teambuilding Day

PARTICIPANT EVALUATION

TYPE: Ropes Course Number of Participants: 32

Quality: (A)

4.76/5

Content: (A)

4.56/5

Facilitators: 🕮









4.84/5

SAMPLE ITINERARIES



Multi Days

Day 1: Split up group gear and food, learn how to pack your backpack, start backpacking

Day 2: Intro to camp craft, backpacking cont'd

Day 3: Backpacking and the solo

Day 4: Final Challenge, graduation

Day 5: Clean and return gear, depart for airport



ROCK CLIMBING

Full Day

9:00am: Introductions and ice breaker activities

9:30: Team challenges in small groups **10:00:** Intro to rock climbing and safety

11:30: Lunch break

12:30: Rock climbing and rappeling

3:30: Regroup for a debrief and share learnings

4:30: Wrap up!

PRICE LIST

DAY PROGRAMS

OF PARTICIPANTS

6 - 40

Ropes Course 3-4 Hours \$3,250 - \$4,675 \$5,000 - \$7,200 Ropes Course 4-6 Hours

Full Day Rock Climbing in Joshua Tree

On-site near your office

\$5.059 for a crew of 10

\$3,250* plus travel costs

OVERNIGHT PROGRAMS

Multi-day Backpacking and/or Rockclimbing

PER GROUPS OF 10 \$2,620 per day



tch the Welcome to OBCA's Ropes Challenge Course video.

9:00am: Team-building challenges and fun initiatives

11:00: Learn knots and belay techniques

12:00: Lunch break

12:30: High Elements (like crossing a log high in the air, or taking the leap of faith from 20 foot and learning to trust your belayer)

2:30 Group debrief and share key takeaways

3:00 Wrap up!

We offer scholarships to communities who have been traditionally excluded from meaningful engagement with nature. Please consider sponsoring or donating to our scholarship fund.

> Ready to go? Email Cristina Bourassa at cbourassa@obca.org

